

OA-200

Knee Brace

BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THIS DEVICE.

INDICATIONS

The OA-200 knee brace provides stability and support for sprains, instability, and osteoarthritis of the knee. Effective in unloading pressure from the medial compartment of the knee, thus reducing pain.

CAUTION

The application instructions listed above are intended for the use of qualified professionals only. It is not recommended for patients to attempt to apply or adjust this device unless otherwise instructed to do so by an orthopedic professional. Any questions regarding further adjustment or frequency/ duration of wear should be directed to your orthopedic professional, as they know the individual condition for which this device was prescribed.

CLEANING INSTRUCTIONS

Remove soft liner from brace and hand wash in cold water with mild detergent. Wipe the remainder of the brace with cold water. Allow all parts to air dry before re-assembly. Do not dry clean, iron, or bleach any part of this brace, as it could cause damage and void the manufacturer's warranty.

NOTICE: While every effort has been made to obtain maximum strength, function, and durability, there is no guarantee that injury will be prevented through the use of this device.

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APPLICATION

- 1) Loosen each strap from the front buckles and place the brace on so that the hinge lines up with the center of the knee cap (Fig. A).
2. Starting with the top, thread each strap through the buckle and secure, making sure that the hinge stays aligned with the knee (Fig. B).
3. Continue to work down the brace; threading each strap through the front buckle and securing. Do not tighten the straps fully until each one has been secured (Fig. C).
4. Making sure the hinge remains aligned with the knee, tighten each strap so that the brace is snug and does not shift or slide during movement (Fig. D). Once the OA is properly fit, the quick snaps can be used for easy application and removable.

HINGE ADJUSTMENT

1. Using the screwdriver provided, loosen both screws on the hinge cover (Fig. E) and place the hinge stops provided to restrict the range of motion. The hinge stops vary in size, depending on the amount of motion restricted, and the hinge stops come in pairs, with one stop of each size for each side of the hinge (Note the raised portion on the hinge stops) (Fig. F).

UNLOADING ADJUSTMENT

1. To adjust the unloading mechanism on the OA-200, take the hex-key provided and turn the unloading dial, located just above the ROM hinge counter-clockwise to adjust the amount of pressure unloaded (Fig. G).

